

Community-Based Participatory Research (CBPR) – Principles & Practices



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Advancing Health Through Community-Engaged Research:
Successful and Emerging Approaches
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How is CBPR different than other research approaches?

CBPR

- Community as unit of identity
- Builds upon strengths and resources within the community
- Collaborative, equitable partnership-empowering & power-sharing process that attends to social inequities
- Co-learning & capacity building

Traditional research approaches

- Community as site of research
- Identify problematic areas as opportunities for study
- PI has the education, the money and the time to conduct the research. No attention to imbalance of power
- Researchers gain knowledge for own advancement

How is CBPR different than other research approaches?

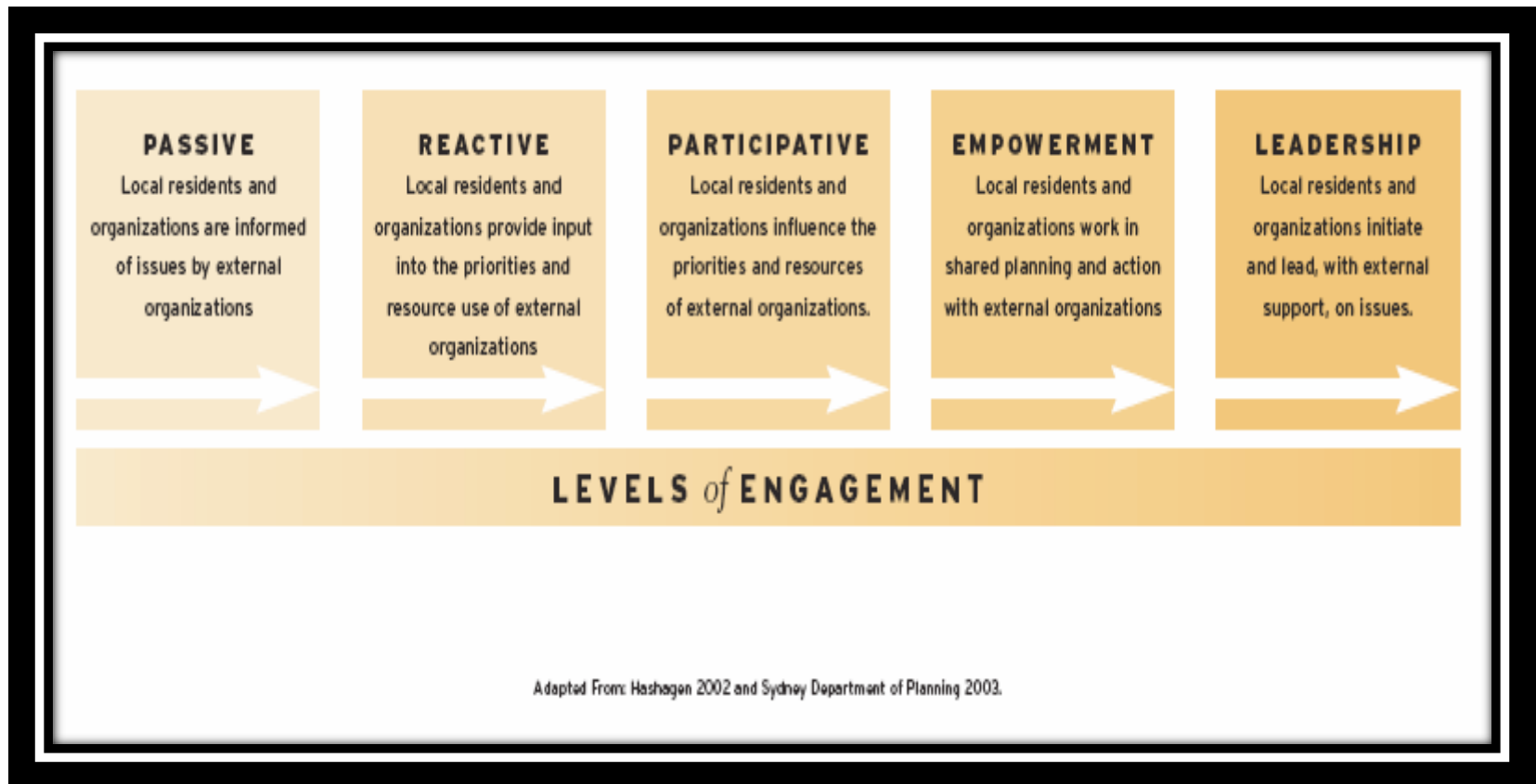
CBPR

- Balance between knowledge generation and intervention
- Cyclical, iterative process
- Long-term process of co-learning & capacity building

Traditional research approaches

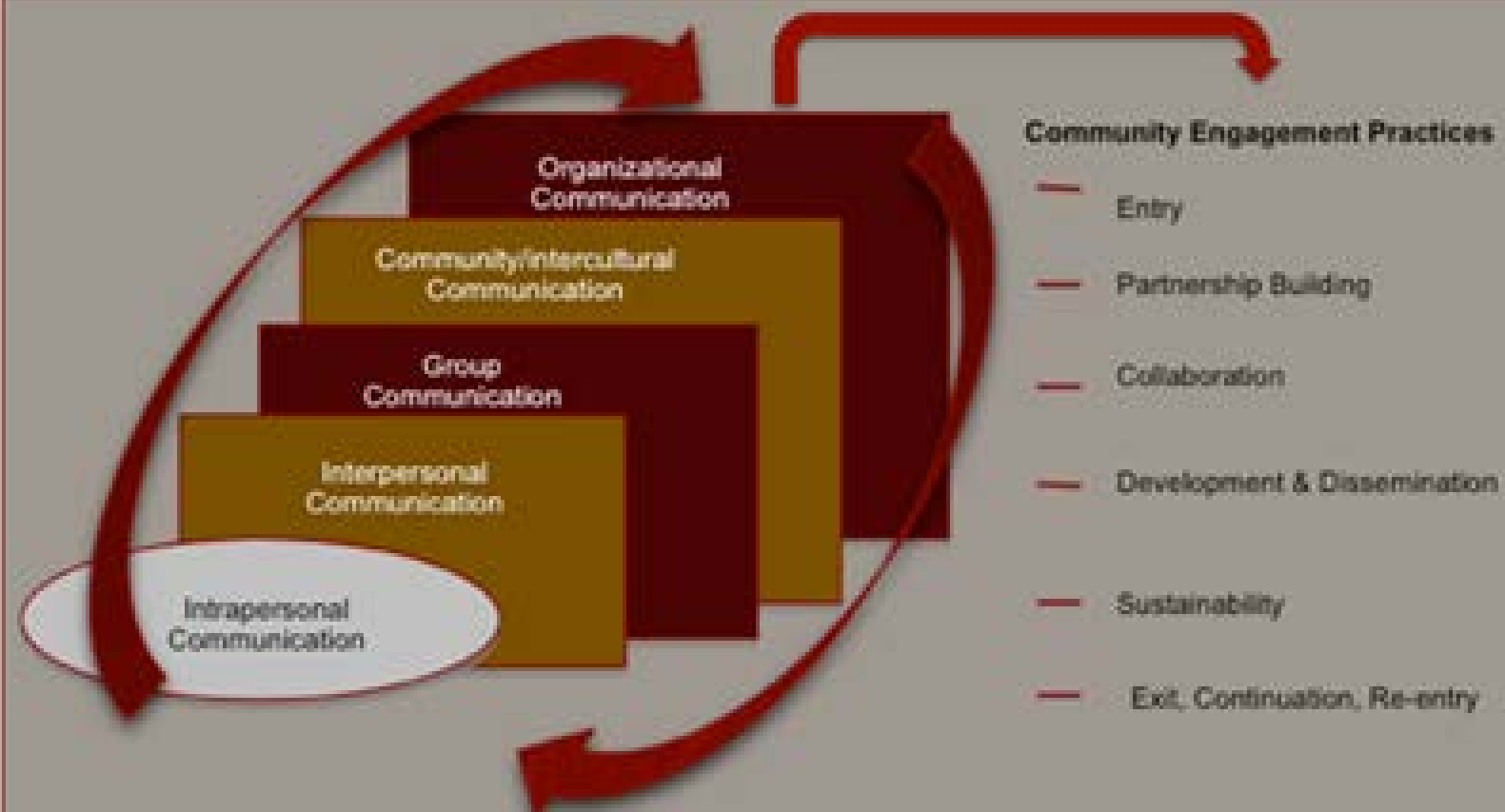
- Little emphasis on action
- Linear process
- Short-term process, ? sustainable

Continuum of community engagement



Practices – Community-based Participatory Research

Figure X: Ecological Model of Communication in Community Engagement



Practices- formation of community partnerships

- Community engagement- sufficiently long
- Community Advisory Board
- MOU
- Academic community partnerships
- Problem identification
- Flexibility and patience
- Working in the community

Practices- formation of community partnerships

- Training issues
- Insider vs outsider issues
- Issues for tenure track faculty
- Funding issues
- Community empowerment process