

## **CURRICULUM VITAE**

**DATE:** February 2025

**NAME:** Mara Getz Sheftel

**PRESENT TITLE:** Instructor

**HOME ADDRESS:** [REDACTED]

**OFFICE ADDRESS:** Institute for Health, Health Care Policy and Aging Research  
112 Paterson Street, 5<sup>th</sup> Floor  
New Brunswick, NJ 08901

**TELEPHONE NUMBER/E-MAIL ADDRESS:** 847-602-0174 / mara.sheftel@rutgers.edu

**CITIZENSHIP:** United States of America

### **EDUCATION:**

- A. Undergraduate Graduate and Professional  
Northwestern University  
Evanston, IL  
Bachelor of Arts (International Studies) 2003
  
- B. Graduate and Professional  
The Graduate Center, City University of New York  
New York, NY  
Doctor of Philosophy (Sociology) 2021
  
- Brooklyn College  
New York, NY  
Master of Arts (Sociology) 2019
  
- Hebrew University of Jerusalem  
Jerusalem, Israel  
Master of Arts (Public Policy) 2011

### **POSTGRADUATE TRAINING:**

- A. Research Fellowships  
Visiting Research Collaborator  
Office of Population Research, Princeton University  
Social Disparities in Physical Functioning by Race, Ethnicity & Immigration Status  
2022-2024
  
- B. Postdoctoral Appointments  
Population Research Institute, The Pennsylvania State University Discipline  
Cross-National Demography of Family Structure, Aging, and Health  
Sociology  
2021 - 2024

### **ACADEMIC APPOINTMENTS:**

Center for State Health Policy, IFH  
Department of Health Behavior, Society and Policy, SPH  
Rutgers University  
Instructor

July 2024 – Present

Population Research Institute  
Penn State University  
Postdoctoral Scholar  
June 2021 – June 2024

Department of Sociology  
Brooklyn College, CUNY  
Instructor  
2017

Department of Sociology  
Brooklyn College, CUNY  
Teaching Assistant  
2016

Department of Sociology  
Graduate Center, CUNY  
Teaching Assistant  
2015 - 2016

**MEMBERSHIPS, OFFICES AND COMMITTEE ASSIGNMENTS IN PROFESSIONAL SOCIETIES:**

American Sociological Association, Member

Population Association of America, Member

Gerontological Society of America, Member

Eastern Sociological Society, Member

Midwest Sociological Society, Member

Network on Life Course Health Dynamics and Disparities in 21st Century America (NLCHDD)  
PIs Jennifer Ailshire, Sarah Burgard, Robert Hummer, Jennifer Karas Montez  
National Institute on Aging Grant R24AG045061

Network on Education, Biosocial Pathways, and Dementia in Diverse Populations (EdDem)  
PIs Sanjay Asthana, Pam Herd, Katrina Walesman  
National Institute on Aging Grant R24AG077433

Network for Innovative Methods in Longitudinal Aging Studies (NIMLAS)  
PIs Brady T. West, Sunghee Lee, Esther M. Friedman  
National Institute on Aging Grant R24AG077012

Collaborative for Innovation in Data and Measurement in Aging (CIDMA)  
PIs Kathleen Cagney, Joe Hotz, David Meltzer  
National Institute on Aging Grants P30AG066619 and P30AG034424

**HONORS AND AWARDS:**

CUNY Dissertation Fellowship Award 2019-2020

**SERVICE ON MAJOR COMMITTEES:**

A. National

American Sociological Association (ASA) Section on Aging and the Life Course (SALC)  
Student Paper Award Committee, 2022

B. Department

Migration and Diversity Initiative Working Group, Population Research Institute, Penn State  
Conference Planning Committee: 100 Years since the Johnson-Reed Act – Immigration Then &  
Now, 2021-2024

Committee Member, CUNY Graduate Center Sociology Department  
Dissertation Support, 2018-2019  
Faculty Membership Committee, 2016-2018

Advanced Research Collaborative, CUNY Graduate Center  
Award Committee Member for Distinguished Faculty Fellowship Awards, 2017

C. *AdHoc* Reviewer

*Demography* 2023-present  
*Ethnicity and Health* 2019-present  
*Health Affairs* 2022-present  
*Journal of Aging and Health* 2023--present  
*Journal of Gerontology: Social Sciences* 2020-present  
*Research on Aging* 2024-present  
*Social Forces* 2019-present  
*Social Problems* 2019-present  
*Sociology of Race and Ethnicity* 2021-present  
*Social Science & Medicine* 2021-present

**SERVICE ON GRADUATE SCHOOL COMMITTEES: N/A**

**SERVICE ON HOSPITAL COMMITTEES: N/A**

**SERVICE TO THE COMMUNITY:**

1. Community organizer, Gowanus Brooklyn Mutual Aid, 2023-present.
2. US Sponsor for refugee family, 2017-present.
3. Community organizer, Refugees in Jerusalem, 2007-2013.
4. Educator/Mentor and Program Administrator, Dorot Fellowship, 2005-2013.

**SPONSORSHIP (Primary Mentorship) OF CANDIDATES FOR POSTGRADUATE DEGREE:**

**SPONSORSHIP (Primary Mentorship) OF POSTDOCTORAL FELLOWS:**

**TEACHING RESPONSIBILITIES:** (Teaching effectiveness should be addressed in nominating letter)

- A. Lectures or Course Directorships  
Brooklyn College, Brooklyn, NY  
Sociological Statistics, 2017  
Applied Research Methods, 2017  
Introduction to Sociology, 2017

- B. Research Training (other than Primary Mentorship)

**CLINICAL RESPONSIBILITIES: N/A**

**GRANT SUPPORT:**

- A. Principal Investigator  
N/A
- B. Co-Investigator
  1. NIA, Legal Status Exposure, Health, and Kinship Networks among Latino Immigrants, 2024 – 2027, \$1,345,542, R01AG081306. (site PI)
  2. New York Social Security Research Consortium, Accelerated Aging and Retirement Due to Covid, \$143,000.
  3. Network on Life Course Health Dynamics and Disparities in 21st Century America (NLCHDD) NIA-funded network, \$50,000.
- C. Pending
  1. NIA, Scorching Circumstances: The Role of Extreme Heat in Disability Among Older Workers in Heat Sensitive Jobs, 2025-2027, R21(Role: MPI)

**PUBLICATIONS:**

- A. Refereed Original Article in Journal
  1. Park, Sung S., Anne R. Pebley, Noreen Goldman, Boriana Pratt, and **Mara Getz Sheftel**. Forthcoming. “Racial/Ethnic Disparities in Functional Limitations among Older Adults: Examining the Role of Physically Demanding Work.” *Demography*.
  2. Margolis, Rachel, **Mara Getz Sheftel**, Haowei Wang, Raeven Chandler, Lauren Newmyer, and Ashton Verdery. Forthcoming. “Older Adults’ Descendants and Family Networks in the Context of Global Educational Expansion.” *Population Development Review*.
  3. Park, Sung S., Anne R. Pebley, Noreen Goldman, Boriana Pratt, and **Mara Getz Sheftel**. Forthcoming. “Examining Work Temporality Across the U.S. Latino Population by Nativity and Citizenship.” *Social Indicators Research*.
  4. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. 2024. “Unequal exposure to occupational stress across the life course: The intersection of race/ethnicity and gender.” *Socius* 10, 1-12.
  5. **Sheftel, Mara Getz**, Rachel Margolis, and Ashton Verdery. 2024. “Loneliness Trajectories and Chronic Loneliness Around the World.” *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 79(8), 1-6.
  6. **Sheftel, Mara Getz**. 2024. “Return Migration and Disability by Life Course Stage of Return: Evidence Against the Salmon Bias.” *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 79(3), 1-11.

7. **Sheftel, Mara Getz** and Heiland, Frank W. 2024. "The role of place of birth and residence in health disparities: Evidence from disability prevalence among Island- vs. mainland-born Puerto Ricans." *The Journal of Aging and Health* 36(1-2), 67-84.
8. **Sheftel, Mara Getz**, Margolis, Rachel and Verdery, Ashton. 2024. "Life Events and Loneliness Transitions Among Middle-Aged and Older Adults Around the World." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 79(1), 1-10.
9. **Sheftel, Mara Getz**. 2023. "Immigrant wealth stratification and return migration: The case of Mexican immigrants in the US during the 20th Century." *Demography*, 60(3), 809-835.
10. **Sheftel, Mara Getz**, Rachel Margolis and Ashton M. Verdery. 2023. "Health across borders: A crossnational comparison of immigrant health in Europe." *Population Research and Policy Review*, 42(30).
11. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Borianna Pratt, and Sung S. Park. 2023. "Cognitive health disparities by race, ethnicity and nativity: The role of occupational complexity." *Work, Aging, and Retirement*.
12. Wu, Huijing, Margolis, Rachel, **Sheftel, Mara Getz**, and Verdery, Ashton M. 2023. "The Care Gap in Later Life Across European Countries." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.
13. **Sheftel, Mara Getz** and Heiland, Frank W.. 2018. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" *Demographic Research* 39, 209-250.
14. **Sheftel, Mara Getz**. 2017. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." *Population Review* 56(1), 1-30.

B. Books, Monographs and Chapters

1. Verdery, Ashton M. and **Sheftel, Mara Getz**. Forthcoming. "In the quest for veracity all validities are important: A demonstration of the importance of sampling for assessing the association between loneliness and cognitive function." In Doug Teti, H. Harrington Cleveland III, and Kelly Rullison (Eds.), *Handbook of Research Methods in Developmental Science, 2nd Edition*.
2. Lonobile, Cheyenne and **Mara Getz Sheftel**. 2024. "Impact of Immigration Policy on Immigrant Families: Current Research and Future Directions." In Jennifer Van Hook (Ed.), *Immigration Policy and Immigrant Families: National Symposium on Family Issues Series*.
3. García, Catherine, Garcia, Marc A., **Sheftel, Mara Getz**, and Adorno, De'Lisia S. 2023. "Heritage, Birthplace, Age at Migration, and Education as Life Course Mechanisms Influencing Cognitive Aging among Latinos." In Angel, Jacqueline L., Andrade, Flavia,

Riosemena, Fernando, and Mejia-Arango, Silvia (Eds.), *Older Mexicans and Latinos in the United States: Where Worlds Meet*. Springer.

4. Reed, Holly, **Sheftel, Mara Getz** and Behazin, Arash. 2018. "Forced Migration and Patterns of Mortality and Morbidity." In Jalal Abbasi-Shavazi and Ellen Percy Kraly (Eds.), *Demography of Forced Migration and Refugees*. Paris: International Union for the Scientific Study of Population.

C. Patents Held

D. Other Articles (Reviews, Editorials, etc.) In Journals; Chapters; Books; other Professional Communications

1. Garcia, Marc A., **Sheftel, Mara Getz**, Reyes, Adriana M., and García, Catherine. 2022. "Sociocultural and Demographic Drivers of Latino Population Health in New York State." *Lerner Center for Public Health Promotion & Population Health Research Brief*, 76.
2. **Sheftel, Mara Getz**. 2022. Review of "Time and Migration: How Long-Term Taiwanese Migrants Negotiate Later Life." *Social Forces*.
3. Park, Sung S., Pratt, Boriana, Pebley, Anne R, Goldman, Noreen, **Sheftel, Mara Getz**, Andrasfay, Theresa, and Lee, Keunbok. 2022. "Constructing a Work History Dataset of Jobs Held During Early and Middle Adulthood Using the Health and Retirement Study." *UCLA California Center for Population Research eScholarship*.
4. **Sheftel, Mara Getz** and Heiland, Frank W. 2018. "Disability prevalence among Hispanic immigrants in the US. *N-IUSSP[Internet]*." 22 October 2018.

E. Abstracts

F. Reports

**PRESENTATIONS:**

A. Scientific (*Basic Science*):

1. **Sheftel, Mara Getz**. "Life Course Transitions and Older Immigrant Loneliness Trajectories: The Intersection of Gender, Race/Ethnicity and Nativity." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
2. **Sheftel, Mara Getz**, Pebley, Anne R., Goldman, Noreen, Pratt, Boriana, Park, Sung S. "Exposure to occupational strain across the life course and cognitive disparities by gender and race/ethnicity." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
3. **Sheftel, Mara Getz**, Santos, Alexis, Verdery, Ashton. "Local Typologies of Aging in the United States and Population Health." Poster. Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
4. Park, Sung S., Pebley, Anne R., Goldman, Noreen, **Sheftel, Mara Getz**, Pratt, Boriana. "Assessing Work Temporality Measures Among the US Latino Population by Nativity and Citizenship." Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20. 2024.
5. **Sheftel, Mara Getz**, Pebley, Anne R. Goldman, Noreen, Pratt, Boriana, Park, Sung S.

“Racial/Ethnic Cognitive Health Disparities: The Role of Occupational Complexity and Occupational Status.” Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12. 2023.

6. Matos-Moreno, Amilcar, Santos-Lozada, Alexis, **Sheftel, Mara Getz** Verdery, Ashton. “Migration as a Pathway to Kinlessness Among Older Adults Left Behind.” Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12. 2023.
7. **Sheftel, Mara Getz**, Margolis, Rachel, Verdery, Ashton. “Life Events, Loneliness Trajectories, and Loneliness Transitions Among Middle-Aged and Older Adults Around the World.” Population Association of America (PAA) Annual Meeting, New Orleans, LA. April 12-15. 2023.
8. **Sheftel, Mara Getz**, Margolis, Rachel, Verdery, Ashton. “Health across borders: A crossnational comparison of immigrant health in Europe.” Gerontological Society of America (GSA) Annual Meeting, Indianapolis, IN. November 2-6. (Poster). 2022.
9. **Sheftel, Mara Getz**. “Collaborative for Innovation in Data & Measurement in Aging (CIDMA).” University of Chicago, Center on Healthy Aging Behaviors and Longitudinal Investigations. 2022.
10. **Sheftel, Mara Getz**, Margolis, Rachel, Verdery, Ashton. “Health across borders: A crossnational comparison of immigrant health in Europe.” American Sociological Association (ASA) Annual Meeting, Los Angeles, CA. August 5-9. 2022.
11. **Sheftel, Mara Getz**, Pebley, Anne R., Goldman, Noreen, Pratt, Boriana, Park, Sung S. “Cognitive, mental, and social health disparities by race, ethnicity and nativity: The role of occupational complexity.” Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9. 2022.
12. **Sheftel, Mara Getz** and Heiland, Frank W. “The role of country of birth and residence in health disparities: Evidence from disability prevalence among island- vs. mainland-born Puerto Ricans” Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9. 2022.
13. **Sheftel, Mara Getz**. “Return migration as an asset maximization strategy in retirement.” Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14. 2021.
14. **Sheftel, Mara Getz**. “Disability and older age return: evidence against the salmon bias.” Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14. 2021.
15. **Sheftel, Mara Getz**. “Return migration as an asset maximization strategy in retirement.” American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10. 2021.
16. **Sheftel, Mara Getz**. “Disability and older age return: evidence against the salmon bias.” American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10. *Accepted but declined presentation due to ASA regulations re: single-authored papers.* 2021.
17. **Sheftel, Mara Getz**. “Return migration among older Mexican immigrants.” American Sociological Association (ASA) Annual Meeting, New York, NY. August 10-13. 2019.
18. Heiland, Frank W., and **Sheftel, Mara Getz**. “Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?” Population Association of America (PAA) Annual Meeting, Austin, TX. April, 11-13. 2019.
19. Heiland, Frank W., and **Sheftel, Mara Getz**. “Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?” Midwest Sociological Society (MSS) Annual Meeting, Chicago,

IL. April, 17-20. 2019.

20. **Sheftel, Mara Getz**, and Heiland, Frank. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" Population Association of America (PAA) Annual Meeting, Denver, CO. April 26-28. 2018.
  21. **Sheftel, Mara Getz**. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster). 2017.
  22. **Sheftel, Mara Getz**. and Heiland, Frank. "Crossing over: Reversal of the Mexican Immigrant Health Advantage at Old Age." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster). 2017.
- B. Professional (*Clinical*):