

Revised: October 3, 2018

**UNIVERSITY CURRICULUM VITAE FORMAT (Medical/Dental Schools, SGS, SPH)**

**DATE:** March 2026

**NAME:** Mara Getz Sheftel

**PRESENT TITLE:** Instructor

**HOME ADDRESS:** [REDACTED]

**OFFICE ADDRESS:** Institute for Health, Health Care Policy and Aging Research  
112 Paterson Street  
Office 552  
New Brunswick, NJ 08901

**TELEPHONE NUMBER/E-MAIL ADDRESS:** mara.sheftel@rutgers.edu

**CITIZENSHIP:** United States

**EDUCATION:**

- A. Undergraduate Graduate and Professional  
Northwestern University  
Evanston, IL  
Bachelor of Arts (International Studies) 2003
  
- B. Graduate and Professional  
The Graduate Center, City University of New York  
New York, NY  
Doctor of Philosophy (Sociology) 2021
  
- Brooklyn College  
New York, NY  
Master of Arts (Sociology) 2019
  
- Hebrew University of Jerusalem  
Jerusalem, Israel  
Master of Arts (Public Policy) 2011

**POSTGRADUATE TRAINING:**

- A. Internship and Residencies  
N/A
  
- B. Research Fellowships  
Visiting Research Collaborator  
Office of Population Research, Princeton University  
Social Disparities in Physical Functioning by Race, Ethnicity & Immigration Status  
2022-2024
  
- CUNY Dissertation Fellowship, 2019-2020.
  
- CUNY Writing Across the Curriculum (WAC) Fellow, 2018-2019.
  
- CUNY Graduate Center Fellowship, 2014-2018.
  
- YAI Network Fellowship for Latino disability research, 2017.

Advanced Research Collaborative Praxis Fellowship, 2016.

Summer Research Grant with PI Richard Alba, 2015.

C. Postdoctoral Appointments

Population Research Institute, The Pennsylvania State University Discipline  
Cross-National Demography of Family Structure, Aging, and Health  
Sociology  
2021 - 2024

**MILITARY:** N/A

**ACADEMIC APPOINTMENTS:**

Department of Health Behavior, Society, and Policy  
Rutgers School of Public Health  
Instructor  
2024 - present

Department of Sociology  
Brooklyn College, CUNY  
Instructor 2017  
Teaching Assistant 2016

Department of Sociology  
Graduate Center, CUNY  
Teaching Assistant  
2015 – 2016

**HOSPITAL APPOINTMENTS:** N/A

**OTHER EMPLOYMENT OR MAJOR VISITING APPOINTMENTS:** N/A

**PRIVATE PRACTICE** N/A

**LICENSURE:** N/A

**DRUG LICENSURE:** N/A

**CERTIFICATION:** N/A

**MEMBERSHIPS, OFFICES AND COMMITTEE ASSIGNMENTS IN PROFESSIONAL SOCIETIES:**

American Sociological Association, Member

Population Association of America, Member

Gerontological Society of America, Member

Eastern Sociological Society, Member

Midwest Sociological Society, Member

Network on Life Course Health Dynamics and Disparities in 21st Century America (NLCHDD)  
PIs Jennifer Ailshire, Sarah Burgard, Robert Hummer, Jennifer Karas Montez  
National Institute on Aging Grand R24AG045061

Network on Education, Biosocial Pathways, and Dementia in Diverse Populations (EdDem)  
PIs Sanjay Asthana, Pam Herd, Katrina Walesman

National Institute on Aging Grant R24AG077433

Network for Innovative Methods in Longitudinal Aging Studies (NIMLAS)  
PIs Brady T. West, Sunghee Lee, Esther M. Friedman  
National Institute on Aging Grant R24AG077012

Collaborative for Innovation in Data and Measurement in Aging (CIDMA)  
PIs Kathleen Cagney, Joe Hotz, David Meltzer  
National Institute on Aging Grants P30AG066619 and P30AG034424

**HONORS AND AWARDS:** N/A

**BOARDS OF DIRECTORS/TRUSTEES POSITIONS:** N/A

**SERVICE ON NATIONAL GRANT REVIEW PANELS, STUDY SECTIONS, COMMITTEES:**

**SERVICE ON MAJOR COMMITTEES:**

A. International

B. National

American Sociological Association (ASA) Section on Aging and the Life Course  
(SALC) Student Paper Award Committee, 2022

C. Medical School/University

Migration and Diversity Initiative Working Group, Population Research Institute, Penn  
State Conference Planning Committee: 100 Years since the Johnson-Reed Act –  
Immigration Then & Now, 2022-2024

D. Hospital

E. Department

Leadership Team, New Jersey Population Health Cohort Study (NJHealth)  
Center for State Health Policy, Rutgers University  
2024-present

Committee Member, CUNY Graduate Center Sociology Department  
Dissertation Support, 2018-2019  
Faculty Membership Committee, 2016-2018

Advanced Research Collaborative, CUNY Graduate Center  
Award Committee Member for Distinguished Faculty Fellowship Awards, 2017

F. Editorial Boards

*Journal of Health and Social Behavior* 2026-present

G. *AdHoc* Reviewer

*Demography* 2023-present  
*Ethnicity and Health* 2019-present  
*Health Affairs* 2022-present  
*Journal of Aging and Health* 2023-present  
*Journal of Alzheimer's Disease* 2025-present  
*Journal of Gerontology: Social Sciences* 2020-present  
*Journal of Gerontology: Psychological Sciences* 2025-present  
*Populations* 2025-present

*Research on Aging 2024-present*  
*Social Forces 2019-present*  
*Sociology of Race and Ethnicity 2021-present*  
*Social Science & Medicine 2021-present*

**SERVICE ON GRADUATE SCHOOL COMMITTEES:**

**SERVICE ON HOSPITAL COMMITTEES:**

**SERVICE TO THE COMMUNITY:**

1. Community organizer, Gowanus Brooklyn Mutual Aid, 2023-present.
2. US Sponsor for refugee family, 2017-present.
3. Community organizer, Refugees in Jerusalem, 2007-2013.
4. Educator/Mentor and Program Administrator, Dorot Fellowship, 2005-2013.

**SPONSORSHIP (Primary Mentorship) OF CANDIDATES FOR POSTGRADUATE DEGREE:**

**SPONSORSHIP (Primary Mentorship) OF POSTDOCTORAL FELLOWS:**

**TEACHING RESPONSIBILITIES:**

- A. Lectures or Course Directorships
- Rutgers School of Public Health, Piscataway, NJ – Department of Health Behavior, Society and Policy, Instructor  
Mental Health and Aging (HBSP 0603), 2026
- Brooklyn College, Brooklyn, NY – Department of Sociology, Instructor  
Sociological Statistics, 2017  
Applied Research Methods, 2017  
Introduction to Sociology, 2017
- Brooklyn College, Brooklyn, NY - Department of Sociology, Teaching Assistant  
Introduction to Sociology, 2016
- CUNY Graduate Center, New York, NY - Department of Sociology, Teaching Assistant  
Multivariate Topics in Sociological Statistics (Doctoral), 2016  
Introduction to Statistics (Doctoral), 2015
- B. Research Training (other than Primary Mentorship)
- Post Doctoral Fellows: *name, dates (inclusive) of training*
- Pre Doctoral Students:
- Diego Gudino-Martinez, Penn State University, 2024-present  
Heejo Lee, Penn State University, 2024-present  
Camila Iciaszczyk, Western Ontario University, 2023-2024  
Yue Teng, Western Ontario University, 2023-2024

**CLINICAL RESPONSIBILITIES: N/A**

**GRANT SUPPORT:** *(Please list in either chronological order with newest or most current first OR in reverse chronological order, as desired)*

- A. Principal Investigator
1. NIEHS, Scorching Circumstances: The Role of Extreme Heat in Disability Among Older Workers in Heat Sensitive Jobs, 7/2025-6/2027, R21ES037897

2. NIA, Loneliness and inflammatory markers as biopsychosocial pathways to AD/ADRD: Analysis of a rapidly aging segment of the US population, 3/2026-2/2028, K99AG097922

B. Co-Investigator

1. NIA, Legal Status Exposure, Health, and Kinship Networks among Latino Immigrants, 9/2023-5/2027, \$1,345,542, R01AG081306.
2. New York Social Security Research Consortium, Accelerated Aging and Retirement Due to Covid, 1/2024-2/2025, \$143,000.
3. Network on Life Course Health Dynamics and Disparities in 21st Century America (NIA-funded network), 1/2023-6/2023, \$50,000.

C. Pending

1. NIA, Family Structure, Older Adult Loneliness, and AD/ADRD: The Population Health Impacts of Demographic Change, 4/2026-3/2031

**PUBLICATIONS:**

A. Refereed Original Article in Journal

1. Van Hook, Jennifer and **Mara Getz Sheftel**. 2025. "The Growth and Diversity of Older Undocumented Immigrants in the United States." *Demography*.
2. Park, Sung S., Anne R. Pebley, Noreen Goldman, Boriana Pratt, and **Mara Getz Sheftel**. 2025. "Racial/Ethnic Disparities in Functional Limitations among Older Adults: Examining the Role of Physically Demanding Work." *Demography*.
3. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. 2025. "Life course exposure to work strain and cognitive disparities by race and ethnicity." *Social Science & Medicine – Population Health*, 29 (1010765) 1-11.
4. Park, Sung S., Anne R. Pebley, Noreen Goldman, **Mara Getz Sheftel**, and Boriana Pratt. 2025. "Examining Work Temporality Across the U.S. Latino Population by Nativity and Citizenship." *Social Indicators Research*, 1-38.
5. Cantor, Joel C., Dawne M. Mouzon, William T. Hu, Stephanie M. Bergren, **Mara Getz Sheftel**, Steven B. Cohen, Katherine B. Morton, Dinesh Mendhe, Margaret Koller and Paul Duberstein. 2025. Health implications of established and emerging stressors: design of the prospective New Jersey Population Health Cohort (NJHealth) Study. *BMJ open*, 15(3), e088489.
6. Margolis, Rachel, **Mara Getz Sheftel**, Haowei Wang, Raeven Chandler, Lauren Newmyer, and Ashton Verdery. 2024. "Older Adults' Descendants and Family Networks in the Context of Global Educational Expansion." *Population Development Review*, 51(1), 213-256.
7. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. 2024. "Unequal exposure to occupational stress across the life course: The intersection of race/ethnicity and gender." *Socius* 10, 1-12.
8. **Sheftel, Mara Getz**, Rachel Margolis, and Ashton Verdery. 2024. "Loneliness Trajectories and Chronic Loneliness Around the World." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* 79(8), 1-6.
9. **Sheftel, Mara Getz**. 2024. "Return Migration and Disability by Life Course Stage of Return: Evidence Against the Salmon Bias." *The Journals of Gerontology, Series B:*

*Psychological Sciences and Social Sciences* 79(3), 1-11.

10. **Sheftel, Mara Getz** and Heiland, Frank W. 2024. "The role of place of birth and residence in health disparities: Evidence from disability prevalence among Island- vs. mainland-born Puerto Ricans." *The Journal of Aging and Health* 36(1-2), 67-84.
  11. **Sheftel, Mara Getz**, Margolis, Rachel and Verdery, Ashton. 2024. "Life Events and Loneliness Transitions Among Middle-Aged and Older Adults Around the World." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 79(1), 1-10.
  12. **Sheftel, Mara Getz**. 2023. "Immigrant wealth stratification and return migration: The case of Mexican immigrants in the US during the 20th Century." *Demography*, 60(3), 809-835.
  13. **Sheftel, Mara Getz**, Rachel Margolis and Ashton M. Verdery. 2023. "Health across borders: A crossnational comparison of immigrant health in Europe." *Population Research and Policy Review*, 42(30).
  14. **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, and Sung S. Park. 2023. "Cognitive health disparities by race, ethnicity and nativity: The role of occupational complexity." *Work, Aging, and Retirement*.
  15. Wu, Huijing, Margolis, Rachel, **Sheftel, Mara Getz**, and Verdery, Ashton M. 2023. "The Care Gap in Later Life Across European Countries." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.
  16. **Sheftel, Mara Getz** and Heiland, Frank W.. 2018. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" *Demographic Research* 39, 209-250.
  17. **Sheftel, Mara Getz**. 2017. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." *Population Review* 56(1), 1-30.
- B. Books, Monographs and Chapters
1. Verdery, Ashton M., **Sheftel, Mara Getz**, and Lee, Heejo. 2026. "Social Networks and Undocumented Migration." In Bilecen, Basak and Lubbers, Miranda Jessica (Eds.), *Handbook of International Migration and Social Networks*.
  2. Verdery, Ashton M. and **Sheftel, Mara Getz**. 2026. "In the quest for veracity all validities are important: A demonstration of the importance of sampling for assessing the association between loneliness and cognitive function." In Doug Teti, H. Harrington Cleveland III, and Kelly Rullison (Eds.), *Handbook of Research Methods in Developmental Science, 2nd Edition*.
  3. Lonobile, Cheyenne and **Mara Getz Sheftel**. 2024. "Impact of Immigration Policy on Immigrant Families: Current Research and Future Directions." In Jennifer Van Hook (Ed.), *Immigration Policy and Immigrant Families: National Symposium on Family Issues Series*.
  4. García, Catherine, Garcia, Marc A., **Sheftel, Mara Getz**, and Adorno, De'Lisia S. 2024. "Heritage, Birthplace, Age at Migration, and Education as Life Course Mechanisms Influencing Cognitive Aging among Latinos." In Angel, Jacqueline L., Andrade, Flavia, Riosemena, Fernando, and Mejia-Arango, Silvia (Eds.), *Older Mexicans and Latinos in the United States: Where Worlds Meet*. Springer.
  5. Reed, Holly, **Sheftel, Mara Getz** and Behazin, Arash. 2018. "Forced Migration and Patterns of Mortality and Morbidity." In Jalal Abbasi-Shavazi and Ellen Percy Kraly

(Eds.), *Demography of Forced Migration and Refugees*. Paris: International Union for the Scientific Study of Population.

- C. Patents Held
- D. Other Articles (Reviews, Editorials, etc.) In Journals; Chapters; Books; other Professional Communications
  - 1. **Sheftel, Mara Getz**. 2022. Review of “Time and Migration: How Long-Term Taiwanese Migrants Negotiate Later Life.” *Social Forces*.
  - 2. Park, Sung S., Pratt, Boriana, Pebley, Anne R, Goldman, Noreen, **Sheftel, Mara Getz**, Andrasfay, Theresa, and Lee, Keunbok. 2022. “Constructing a Work History Dataset of Jobs Held During Early and Middle Adulthood Using the Health and Retirement Study.” *UCLA California Center for Population Research eScholarship*.
- E. Abstracts
- F. Reports
  - 1. **Sheftel, Mara Getz** and Jennifer Van Hook. 2026 “Implications of an Aging Undocumented Population in the United States.” U.S. *Migration Metrics*.
  - 2. **Sheftel, Mara Getz**, Jennifer Brite, Na Yin, and Deborah Balk. 2025 “Burn Out Reimagined: Extreme Heat, Work Disability, and Sociodemographic Disparities in America.” *Generations*.
  - 3. Garcia, Marc A., **Sheftel, Mara Getz**, Reyes, Adriana M., and García, Catherine. 2022. “Sociocultural and Demographic Drivers of Latino Population Health in New York State.” *Lerner Center for Public Health Promotion & Population Health Research Brief*, 76.
  - 4. **Sheftel, Mara Getz** and Heiland, Frank W. 2018. “Disability prevalence among Hispanic immigrants in the US. *N-IUSSP[Internet]*.” 22 October 2018.

**PRESENTATIONS:** *(Please list in either chronological order with newest or most current first OR in reverse chronological order, as desired)*

- A. Scientific:
  - 2026 **Sheftel, Mara Getz**, Heejo Lee, Ashton Verdery, James Bachmeier, Jennifer Van Hook. “Emerging Disadvantage: A New Theory for Understanding the Health Trajectories of Aging Unauthorized Latino Immigrants.” Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.
  - 2026 **Sheftel, Mara Getz**, Jennifer Brite, Na Yin, Deborah Balk. “Extreme heat, occupational segregation, and disparities in older adult disability.” Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.
  - 2026 Zacher, Meghan and **Mara Getz Sheftel**. “Gender Differences in Occupational Strain and Its Role in the Relationship Between Education and Dementia.” Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.
  - 2026 Bachmeier, James, **Mara Getz Sheftel**, Jennifer Van Hook, Ashton Verdery. “Undocumented Status Exposure over the Life Course and the Health of Older Latino Immigrants in the United States.” Population Association of America (PAA) Annual

- Meeting, St Louis. May 6-9.
- 2026 Gudino-Martinez, Diego, Jennifer Van Hook, **Mara Getz Sheftel**. “Excess Mortality Among Latino Populations During COVID-19: A Demographic Analysis.” Population Association of America (PAA) Annual Meeting, St Louis. May 6-9.
- 2026 “Living Together, Feeling Apart: Loneliness and Living Arrangements Among Older US Immigrants.” Age Friendly Communities Grant Program. April 15. *Invited*
- 2026 Legal Status and Health Stratification among Latino Older Adults in the US. Guest lecture in Aging: Legal Challenges & Policy Opportunities, Rutgers School of Public Health, April 6. *Invited*
- 2026 “Trends Among the U.S. Latino Immigrant Population: Implications for Older Adult Health and Well-Being” Inaugural Schoeni TRENDS Annual Lecture, Michigan Center on the Demography of Aging (MiCDA), University of Michigan, March 27. *Invited*
- 2026 “Return Migration and Disability by Life Course Stage of Return: Evidence Against the Salmon Bias” NIA-Funded (R25AG095799) Workshop on Advancing Cross-national Research on Aging and Cognitive Function, March 25. *Invited*
- 2026 “*Risk Profiles of Social Disconnection in U.S. Older Adults: A Data-Driven Approach to Identifying Cognitive Vulnerability from Loneliness and Social Isolation*” Krieger Klein Alzheimer’s Research Center, Rutgers Brain Health Institute, Annual Symposium. March 24. *Invited*
- 2026 “Living Together, Feeling Apart: Loneliness and Living Arrangements Among Older US Immigrants.” Aging and Health Research at Rutgers Forum. Rutgers Hub for Aging Collaboration. January 7. *Invited*
- 2025 “Life Events and Loneliness Transitions among Middle-Aged and Older Adults around the World.” Journal of Gerontology: Social Sciences Editor’s Choice Paper Session at the Gerontological Association of America (GSA) Annual Scientific Meeting. November 12. *Invited*
- 2025 “International Migration, Health and Aging.” Guest lecture in Global Perspectives on Population Health and Aging course, Department of Sociology, Syracuse University. October 21. *Invited*
- 2025 “Emerging Disadvantage: A Novel Framework for Understanding the Health Trajectories of Aging Unauthorized Immigrants.” Invited by: CUNY Institute for Demographic Research (CIDR) Seminar Series. October 17. *Invited*
- 2025 “Aging Into Precarity: Poverty and Health Insurance Coverage Among Older Unauthorized Latino Immigrants.” Invited by: Migration and Diversity Initiative Working Group, Population Research Institute (PRI), Penn State University. March 20. *Invited*
- 2025 **Sheftel, Mara Getz**, Jennifer Van Hook, Ashton Verdery, James Bachmeier, Alexis Santos-Lozada, Heejo Lee, Diego Gudino-Martinez. “Aging Into Precarity: Poverty and Health Insurance Coverage Among Older Unauthorized Latino Immigrants.” Population Association of America (PAA) Annual Meeting, Washington, DC. April 10-13.
- 2025 Van Hook, Jennifer and **Mara Getz Sheftel**. “A Research Note on the Older Undocumented Foreign-born Population.” Population Association of America (PAA) Annual Meeting, Washington, DC. April 10-13.

- 2025 Heiland, Frank and **Mara Getz Sheftel**. “Accelerated Aging and Early Retirement Due to COVID-19: Is It Happening, and How Are Different Racial/Ethnic Groups Affected?” Population Association of America (PAA) Annual Meeting, Washington, DC. April 10-13.
- 2025 **Sheftel, Mara Getz**. “Aging Into Precarity: Poverty and Health Insurance Coverage Among Older Unauthorized Latino Immigrants.” *Invited* by: Migration and Diversity Initiative Working Group, Population Research Institute (PRI), Penn State University. March 20.
- 2025 **Sheftel, Mara Getz**. “Life Course Measurement of Occupational Exposures.” Policy Research in Social Determinants of Maternal and Child Health (PRISM), Rutgers School of Public Health, Rutgers University. January 17. *Invited*
- 2024 **Sheftel, Mara Getz**. “Life Course Transitions and Older Immigrant Loneliness Trajectories: The Intersection of Gender, Race/Ethnicity and Nativity.” Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.
- 2024 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, Sung S. Park. “Exposure to occupational strain across the life course and cognitive disparities by gender and race/ethnicity.” Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.
- 2024 **Sheftel, Mara Getz**, Alexis Santos, Ashton Verdery. “Local Typologies of Aging in the United States and Population Health.” Poster. Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.
- 2024 Park, Sung S., Anne R. Pebley, Noreen Goldman, **Mara Getz Sheftel**, Boriana Pratt. “Assessing Work Temporality Measures Among the US Latino Population by Nativity and Citizenship.” Population Association of America (PAA) Annual Meeting, Columbus, OH. April 17-20.
- 2023 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, Sung S. Park. “Racial/Ethnic Cognitive Health Disparities: The Role of Occupational Complexity and Occupational Status.” Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12.
- 2023 Matos-Moreno, Amilcar, Alexis Santos-Lozada, **Mara Getz Sheftel**, Ashton Verdery. “Migration as a Pathway to Kinlessness Among Older Adults Left Behind.” Gerontological Society of America (GSA) Annual Meeting, Tampa, FL. November 8-12.
- 2023 **Sheftel, Mara Getz**, Rachel Margolis, Ashton Verdery. “Life Events, Loneliness Trajectories, and Loneliness Transitions Among Middle-Aged and Older Adults Around the World.” Population Association of America (PAA) Annual Meeting, New Orleans, LA. April 12-15.
- 2022 **Sheftel, Mara Getz**, Rachel Margolis, Ashton Verdery. “Health across borders: A crossnational comparison of immigrant health in Europe.” Gerontological Society of America (GSA) Annual Meeting, Indianapolis, IN. November 2-6. (Poster)
- 2022 **Sheftel, Mara Getz**. “Lifetime Work Histories and Cognitive Health Disparities.” *Invited* by: Collaborative for Innovation in Data & Measurement in Aging (CIDMA) University of Chicago, Center on Healthy Aging Behaviors and Longitudinal Investigations. September 15.

- 2022 **Sheftel, Mara Getz**, Rachel Margolis, Ashton Verdery. "Health across borders: A crossnational comparison of immigrant health in Europe." American Sociological Association (ASA) Annual Meeting, Los Angeles, CA. August 5-9.
- 2022 **Sheftel, Mara Getz**, Anne R. Pebley, Noreen Goldman, Boriana Pratt, Sung S. Park. "Cognitive, mental, and social health disparities by race, ethnicity and nativity: The role of occupational complexity." Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9.
- 2022 **Sheftel, Mara Getz** and Frank W. Heiland. "The role of country of birth and residence in health disparities: Evidence from disability prevalence among island- vs. mainland-born Puerto Ricans" Population Association of America (PAA) Annual Meeting, Atlanta, GA. April 6-9.
- 2021 **Sheftel, Mara Getz**. "Return migration as an asset maximization strategy in retirement." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14.
- 2021 **Sheftel, Mara Getz**. "Disability and older age return: evidence against the salmon bias." Gerontological Society of America (GSA) Annual Scientific Meeting. November 10-14.
- 2021 **Sheftel, Mara Getz**. "Return migration as an asset maximization strategy in retirement." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10.
- 2021 **Sheftel, Mara Getz**. "Disability and older age return: evidence against the salmon bias." American Sociological Association (ASA) Annual Meeting, Virtual. August 6-10.  
*Accepted but declined presentation due to ASA regulations re: single-authored papers.*
- 2019 **Sheftel, Mara Getz**. "Return migration among older Mexican immigrants." American Sociological Association (ASA) Annual Meeting, New York, NY. August 10-13.
- 2019 Heiland, Frank W., and **Mara Getz Sheftel**. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Population Association of America (PAA) Annual Meeting, Austin, TX. April, 11-13.
- 2019 Heiland, Frank W., and **Mara Getz Sheftel**. "Disability among Hispanic Immigrants in the US: Does Country of Origin Matter?" Midwest Sociological Society (MSS) Annual Meeting, Chicago, IL. April, 17-20.
- 2018 **Sheftel, Mara Getz**, and Frank Heiland. "Disability Crossover: Is there a Hispanic immigrant health advantage that reverses from working to old age?" Population Association of America (PAA) Annual Meeting, Denver, CO. April 26-28.
- 2017 **Sheftel, Mara Getz**. "Prevalence of Disability among Hispanic Immigrant Populations: New Evidence from the American Community Survey." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster)
- 2017 **Sheftel, Mara Getz**. and Frank Heiland. "Crossing over: Reversal of the Mexican Immigrant Health Advantage at Old Age." Population Association of America (PAA) Annual Meeting, Chicago, IL. April 27-29. (Poster)

B. Professional (*Clinical*): N/A